



KIND & TAAL

# GROWING TOGETHER, STEP BY STEP



## INSTAPJE 1 | AGES 1-2

Early support at home  
We offer home-based guidance for parents of toddlers aged 1 to 2.

- Together with the family, we support the child's development through:
- Practical tips and tailored advice
  - Proven, effective methodologies
  - Playful activities that stimulate development

**Our focus is on empowering parents and creating a strong developmental foundation for the child.**



## INSTAPJE 2 | AGES 2-3

Preparing for preschool, together  
In Instapje 2, we work closely with parents to prepare children for their first year of kindergarten.

- Key themes include:
- Potty training
  - Independence and self-reliance
  - Learning to say goodbye

- In addition, children receive intensive support in:
- Motor development
  - Cognitive skills
  - Social and emotional development

**Parents and professionals work side by side, always with the child at the centre.**



## INSTAPJE 3 | AGES 3-6

Instapje 3 focuses on preparing children for the first grade, while actively strengthening parental involvement.

Parents learn how to support their child's learning in a fun, engaging and meaningful way.

**Together, parents and children discover that learning can be joyful, motivating and confidence-building.**



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**INSTAPJE - BECAUSE EVERY CHILD DESERVES A STRONG START,  
AND EVERY PARENT DESERVES SUPPORT.**